



# Newsbeat

Highlights and Headlines  
from in and around  
Campus Services

## CS hosts a Fitbit Giveaway



Above: Janine Cabrera-Velde helping Timothy Mays sync his Fitbit Alta

Campus Services (CS) hosted its second annual Fitbit Fair on Thursday, September 1. There was one big surprise at this year's fair– Free Fitbit Altas!

The CS Senior Leadership Team decided to give away 200 Fitbit Altas to employees that wanted to participate in the Move More Challenge. Employees were wrapped around CS Training Room B to take advantage of this giveaway. Our CS Wellness champions, **Shervon Lewis** and **Ericka Henry**, teamed up with Healthy Emory, CS Human Resources, and the Office of the Vice President of Campus Services to register employees for the Move More Challenge and sync their new Fitbit Altas to their phones.

“CS is going to have a strong presence in this year's challenge,” said Shervon Lewis. “We were thrilled to see the number of employees that wanted a Fitbit so they could join the challenge.”

In addition to giving away free Fitbits, employees who came to the Fitbit Fair were entered into a drawing to win a \$20 Publix Gift card or a Healthy Emory Move More Challenge T-shirt. Ten employees won Publix gift cards while three employees won a t-shirt. “We wanted to reward those who came out to support the Move More Challenge,” stated Ericka Henry. “Even though we ran out of Fitbits anyone that came to the Fitbit Fair was eligible for the drawings.”

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CS will host many wellness activities during the Move More Challenge. Walks with Matthew will resume on September 16. CS Moves will be held every Thursday beginning on September 29 and Healthy Emory will have walks at Lullwater starting in September. Employees are encouraged to get as many steps daily as possible in order to qualify for drawings during the challenge. This year employees can receive a \$100 health incentive off their deductible for averaging at least 5,000 steps a day during the challenge.

So far over 300 CS employees are registered in the Move More Challenge. We hope everyone will begin taking steps to a more healthy lifestyle.

## **LEADERSHIP TEAM SPOTLIGHT**

### **SPOTLIGHT ON: CRAIG WATSON**

#### **AVP OF PUBLIC SAFETY**



### **Change**

As we embark upon the beginning of a new academic year, now is an opportune time to think about change; past, present, and future. Change can occur in many forms, have many levels of impact, and a variety of results. That is to say that the outcome of change is not always certain, but it is exciting.

President John F. Kennedy was once quoted as saying “Change is the law of life. And those who look only to the past or present are certain to miss the future.” But exactly how do you define change? Webster’s dictionary defines it as “...to make the form, nature, content, future course, etc., of something different from what it is or from what it would be if left alone”. Any time we alter, modify, convert, adjust, or amend something we have effected change. Through change we have the opportunity to transform something for the better. For without change, we can become stagnant in our words, thoughts, and deeds. If we allow ourselves to become stagnant we are, as President Kennedy alluded to, certain to miss the future.

Some of these thoughts entered my mind not too long ago as my older son considered a career change. He had worked for the same employer for over five years. It was a steady job which provided the basics of income and health insurance; and, it was something he was very good at doing. However, it was not something he was passionate about. He then received a job offer from a different company. The new position was in his field of study (he has a degree in Geology from Virginia Tech) and offered a higher salary. The down side, however, was that he had no experience doing the particular job and the position required a lot travel and time away from home. As we talked about the options I thought about a quote attributed to poet C. Joy Bell which reads “We can’t be afraid of change. You may feel very secure in the pond that you are in, but if you never venture out of it, you will never know that there is such a thing as an ocean, a sea. Holding onto something that is good for you now, may be the very reason why you don’t have something better.” As much for my son as the fish in the picture above, change can be risky but the reward can be something bigger and better.

Emory University has and continues to undergo tremendous change. We have a new President, a new Executive Vice President for Healthcare, a new Dean of Oxford College, a new Interim Provost, and a new Interim Executive Vice President for Business and Administration. Closer to home, we have many changes occurring within Campus Services. We’ve created a new Public Safety organization, which brought with it the creation of new positions (including one for myself) and includes organizational changes that are still underway. Facilities Management BRS recently adopted a new organizational structure which created a wealth of new opportunities for our staff. In my 38 years at Emory I have been witness to a multitude of changes. My experience has taught me that each one has created an opportunity for growth and learning, which equates to moving forward for the better.

The changes won’t stop here and they shouldn’t. Change should be embraced by any organization and by any individual that seeks to grow, to improve, and to do the right thing. In the words of author Gillian Anderson, “I hope everyone that is reading this is having a really good day. And if you are not, just know that in every new minute that passes you have an opportunity to change that”.

*Craig Watson*

***What is the story with the suggestion boxes being installed? How will that work?***

The suggestion boxes have been installed at 17 time clock locations across the Atlanta, Grady, and Oxford campuses. These boxes will be checked for comments on a monthly basis by one of the four administrative assistants in Building A. For the Oxford and Grady campuses, one of the Directors will check the boxes and return comments to the VP's office. We will respond to the questions/comments in the monthly editions of "We Heard You", and reply directly to the writer as appropriate.

We want to encourage people to use these new boxes, as well as the [CSSuggestionBox@emory.edu](mailto:CSSuggestionBox@emory.edu) to provide feedback for the senior leadership team. If you have a great idea, or a question you'd like the answer to, please speak up! We look forward to hearing from you.

-----Karen Salisbury

***It would be nice if we could be tested (assessments) on desktops instead of laptops. A lot of people are just not used to laptops and it can affect their performance when being tested.***

Unfortunately, it is necessary to utilize laptops for the assessments since the resource is deployed for multiple purposes and the mobile nature of a laptop makes it the best fit and the most efficient use of the resource. However, we can definitely add the option of using a standard keyboard and a standard mouse with the laptop to give individual taking assessments more of a desktop experience. CS Training and Communication will take the necessary steps to have this equipment available by September 30, 2016. Thanks for raising the issue!

-----Lisa Underwood

***If an employee saves Emory a substantial amount of money by doing work that is considered outside the normal scope of their job, could the employee receive a percentage of the saved money as a bonus? It would stimulate thinking outside the box and give incentive to do more projects in-house. We have the talent - let's use it!***

We are thankful to have an enormous level of talent among our staff, and to encourage ways we can utilize it! We have recognized some employees monetarily through the CS Select program as in recent Employees of the Quarter: Andy Ewing, Darryl Miller, Lance Brock, Victor Jackson and Erika Henry. When innovative ideas are presented, we try to take advantage of them and recognize the employee. Sometimes that takes the form of a monetary reward through CS Select, and other times it is simply a heartfelt thank you. We always appreciate good ideas, and celebrate doing the right thing, the right way, for the right reason!

-----Todd Kerzie

***Service vehicle parking can be hard to get to, especially around the School of Medicine. Are there ways we can discourage vehicles from using the space in unauthorized ways?***

Given the limited number of service spaces supporting the maintenance and operations of the School of Medicine, we will review our signage and violations to ensure effective enforcement. We will have that review completed and any possible additional signage/enforcement enhancements in place by September 30, 2016.

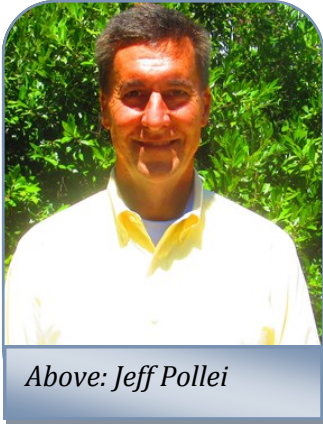
In general, for service space enforcement, when Parking Services encounters an illegally parked vehicle, the first step is to issue a citation. In many cases, a positive outcome can be reached through communication and education, making further action unnecessary. If that approach does not have the desired effect and a vehicle reaches three unpaid citations, an immobilization warning is issued. The next time the vehicle violates the rules and regulations the vehicle is immobilized.

Parking Services understands that it is a challenge to serve and maintain a facility when there are limited service spaces. If there is a project ongoing in the facility, please contact Parking Services so they can assist with identifying appropriate areas to park. We can all also help ensure that service spaces are used effectively by parking University vehicles in decks or other lots when immediate access to large tools and materials is not needed. Campus Services vehicles are equipped with RFID decals to provide access to most decks and access controlled areas on campus.

-----Lisa Underwood

# CS HIGHLIGHTS

## NEW DIRECTOR



*Above: Jeff Pollei*

On August 15<sup>th</sup>, Campus Services (CS) welcomed **Jeff Pollei** as our new Director of Utilities. Jeff joins us from the University of Wisconsin where he is served as the Campus Utilities Engineer and a Senior Mechanical Engineer for over seven years.

Jeff comes to Emory with over thirty years of experience in the utilities industry, which included the development of skills in the sales of new equipment, the design of utility systems and operational/energy engineering. He is excited to apply his previous institutional utility engineering experience into his new role of operations and maintenance management.

We are excited to have Jeff join our team and look forward to the many contributions he will make to our organization.

## CS WELCOMES PRESIDENT CLAIRE STERK



*Above: President Sterk and Kirk Elifson with Public Safety employees*

Campus Services (CS) employees went to Asbury Circle on Friday, September 9<sup>th</sup> to welcome **President Claire E. Sterk** into her new role as President of Emory University.

The block party featured a live jazz combo, wood-fired pizza, King of Pops treats while the Emory community lined up to introduce themselves to President Sterk and her husband, **Kirk Elifson**, a research professor in Behavioral Sciences and Health Education at the Rollins School of Public Health.

Many CS employees were also able to take pictures with the new President. “I had a great time,” said **Jody Hayles**, Zone F Supervisor. “The food was wonderful, the crowd was energetic and President Sterk was absolutely fantastic!”

We were so excited to have a chance to greet and welcome our newest University President. We look forward to her leadership.



*Above: President Sterk and Kirk Elifson with Jody Hayles*



# HR HEADLINES

## ***Finance Matters Workshops are Back***

The Emory WorkLife Resource Center's workshop series, Finance Matters, is specifically designed to educate Emory employees on topics related to personal finances by fostering an understanding of money management principles. This series of workshops will address a diverse range of personal finance topics such as dealing with the basic budgeting & tracking your finances, investing, and learning the ins and outs of estate planning.

### **SmartPath I – Get Your Money Right**

Alok Desphande, Founder of SmartPath Solutions

School of Medicine – Main Auditorium (1st Floor)|September 16, 2016

12:00 PM – 1:30 PM

### **Get Started and Save for the Future**

Fidelity Retirement Vendor

Goizueta Business School - Main Auditorium (1st Floor)

October 7, 2016

12:00 PM – 1:30 PM

### **SmartPath Investment 101**

Alok Desphande, Founder of SmartPath Solutions

School of Medicine – Main Auditorium (1st Floor)

October 14, 2016

12:00 PM – 1:30 PM

### **Estate Planning: Wills, Trusts, and Powers of Attorney**

Heather Hadler & Bernard Hearst

School of Public Health – Claudia Nance Rollins Bldg. - Room 100

November 4, 2016

12:00 PM – 1:30 PM

Go to the Emory WorkLife site to register for these classes at :

<https://apps.hr.emory.edu/register/index.jsp>

# CAMPUS SERVICES OPEN POSITIONS

~submitted by Kelli Howell-Robinson, Human Resources  
Posted as of 8/30/2016

Department	Job Title	Job Requisition ID	Positions open
BRS	Ares Manager	63830BR	1
BRS	Team Lead, BRS	63831BR	17
BRS	Custodian (PT)	56191BR	1
BRS - Oxford	Custodian	58622BR	1
CS Parking	Sr. Customer Svc. Rep	61746BR	2
CS Parking	Asst. Dir, Transportation	63118BR	1
CS VP Office	Chief of Staff/Dir, Cust Rel	61653BR	1
EPD	Chief Of Police	59542BR	1
EPD	Police Officer	62034BR	1
EPD	Mgr., Physical Security Services	63827BR	1
FM-Admin	Administrative Assistant, Sr	64645BR	1
Grounds	Landscaper	58765BR	2
HVAC	Supv, HVAC	53620BR	1
HVAC	HVAC Mechanic, Sr	57617BR	2
HVAC	Controls System Oper/Tech 1	59780BR	1
HVAC	HVAC Mechanic	63158BR	1
Oxford EPD	Police Officer	64685BR	1
Oxford Maintenance	Maint. Mechanic, Senior	62912BR	1
Oxford Maintenance	Landscaper	60359BR	1
Paint Shop	Plaster, Drywall Finisher	62911BR	1
PDC	Project Mgr., Construction	63890BR	1
PDC	Campus Planner	63832BR	1
Preventive Maintenance	Maintenance Mechanic	57618BR	1
Zone C & E Maint	Maintenance Mechanic	60833BR	4
Zone C Maint	Maintenance Mechanic, Sr	60836BR	1
Zone H Maint	Carpenter	61890BR	1

All applications need to be submitted electronically at <http://www.hr.emory.edu/careers/index.html>

# Wellness Corner

Stay Active.  
Eat Well.  
Relax.  
Live Long.



## **FEATURED RECIPE**

### **PINEAPPLE GREEN SMOOTHIE**



#### **What You Need**

1/2 cup unsweetened almond milk  
1 cup baby spinach  
1/3 cup non fat plain Greek yogurt  
1 cup frozen banana slices  
1/2 cup frozen pineapple chunks  
1 tablespoon chia seeds  
1 teaspoon pure maple syrup or honey

#### **Make It**

Add almond milk and yogurt to a blender, then add spinach, banana, pineapple, chia and maple syrup or honey; blend until smooth.

**ENJOY!**

## **HEALTHY LIVING SPOTLIGHT**

### **WALKS WITH MATTHEW**

In support of Emory's Move More Challenge "Walks with Matthew" has returned! Join Matthew every Friday at noon for a brisk walk (weather and calendar permitting).

To find out about the rotating starting points and destinations, please follow @EmoryCampServ (on Twitter) or check the Emory Campus Services main website for a link under 'Campus Services Updates' and go to the "Training & Events Calendar".

Come on Campus Services, let's Move More!





## **Fitbit™ Setup & Sync Assistance**

**If you need assistance setting up your Fitbit™ device and connecting your dashboard to the Move More Challenge, Campus Services will host two help sessions:**

**Campus Services Training Room B**

**Thursday, September 15<sup>th</sup> 10:00 AM – 3:00 PM**

**AND**

**Friday, September 16<sup>th</sup> 10:00 AM – 12:30 PM**

**[www.emory.edu/MoveMore](http://www.emory.edu/MoveMore)**



# Caring For An Adult Loved One?



Get Expert Help

**1-866-338-5271**

Call 24/7 for confidential, personal assistance

Your Senior Care Management Program provides free access nationwide to Senior Care Managers. This benefit includes up to six (6) SCM hours per year at no cost to you.

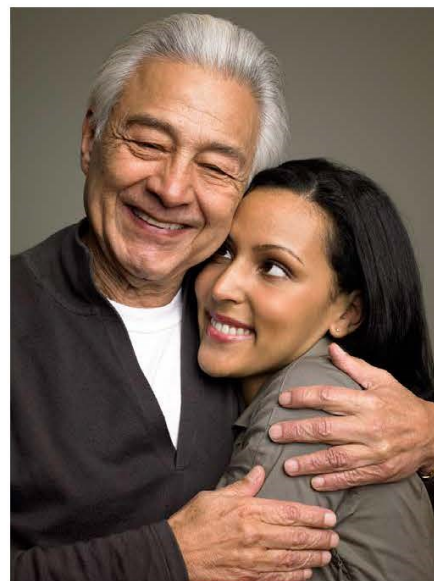
## How does Senior Care Management help you?

**RELIABLE:** Senior care managers are experts in their field with years of experience assisting seniors and their families.

**COMPREHENSIVE:** You can receive a face-to-face consultation to assess all of your loved one's needs. It will include evaluations on everything from home safety and diet to medications and day-to-day activities.

- In-home assessments
- Post-hospitalization assessments
- Facility reviews
- Ongoing care coordination

**PERSONALIZED:** You can receive a detailed care plan that's customized to your loved one's needs based on the findings from their in-person evaluation.



Log in Today

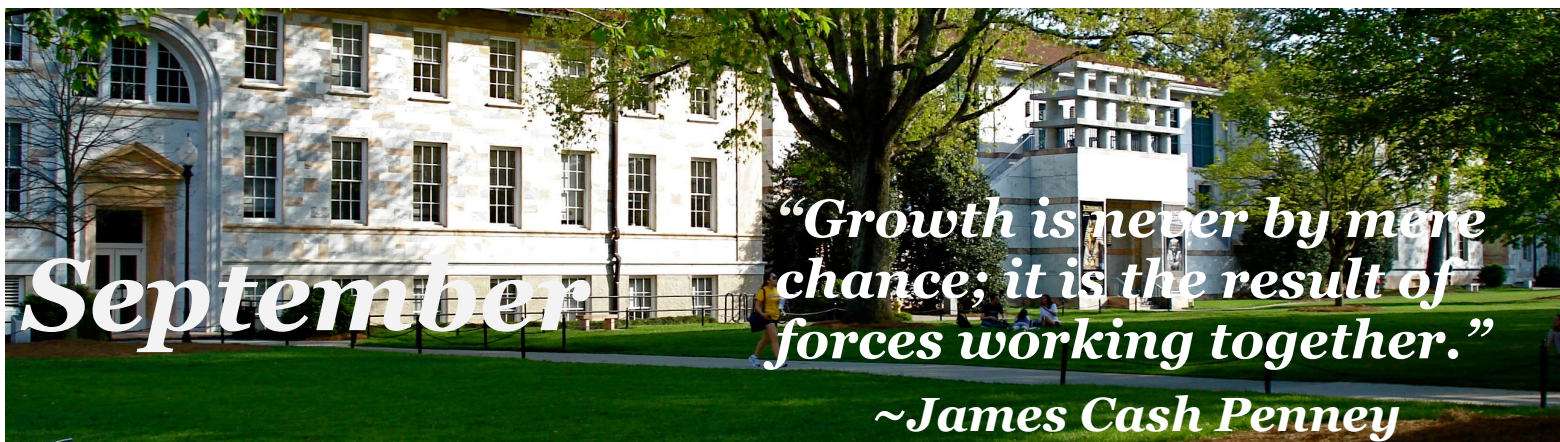
**<http://member.lifecare.com>**


When prompted enter Registration Code:  
**EMORY**



**LifeCare.**

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 CS Fitbit Fair	2	3
4	5 Labor Day 	6	7	8	9	10
11 9/11 Remembrance 	12	13	14 PATHWAY Program Presentation	15 CS Fitbit Setup & Sync CS Leadership Development	16 CS Fitbit Setup & Sync Walks with Matthew	17
18	19	20	21	22 Autumn begins 	23 Walks with Matthew	24
25	26 New Employee Welcome Program	27	28 PATHWAY Graduation	29	30 Walks with Matthew	
EMPLOYEE UPDATE - SEPTEMBER				<b>CALENDAR KEY:</b>  Training  Committee Meetings  Sessions for Leaders  Holidays/Special Events  Other Meetings		

## Welcome - New Hires

**Alvin Smith**...Sr. Maintenance Mechanic...PM Shop  
**Oscar DeJesus**...Sr. Plumber Pipefitter...ZDM  
**Juan Ramirez**...Landscaper...Grounds Department  
**Sanchez Craig-Lawson**...Landscaper...Grounds Department  
**Julie McDaniel**...Space Planner...PDC  
**Jeffrey Polliei**...Director, Utilities...Energy & Utilities  
**Chasity Medlock**...Sr. Customer Service Rep...TPS  
**Michael Sessions**...Recycling/Waste Specialist...Recycling Department  
**Tequila Benton**...Custodian...BRS  
**Alfred Dixon**...Custodian...BRS  
**Shavonne Mera**...Custodian...BRS  
**Janine Cabrera-Velde**...Specialist, Training & Communications...CS/HR